

# OUTLANDS A&S COLLEGIUM

## SEPTEMBER 2024

### CLASS DESCRIPTIONS

#### **SCRIBAL**

10 Tips for Better Calligraphy - Updated!  
THL Anne Elizabeth Morley, she/her  
10:00 AM Rm 120

Calligraphy is half of the scroll/artwork you are creating. Wouldn't you like to improve that part? These tips will help, especially if you are self-taught. Ages 12 & up

Recreating Medieval Manuscripts  
THL Anne Elizabeth Morley, she/her  
11:15 AM Rm 120

How did those medieval scribes and scriptrixes (yes, women!) create those pages full of shining gold, beautiful colours and wonderful calligraphy? Come and see the tools, the steps and the results. A modern/medieval scriptrix reveals all! Ages 10 & up

Tips and tricks to Make Diapering Easier  
Gwenhwyvar ferch Tewdrig, she/her  
1:30 PM Rm 120

Diapering is an elegant way fill in a background, and with a few tips and tricks - it can be quick and easy, too! We will go over a few basic concepts and then spend the rest of class hands on practicing. I will bring some basic paint and tools, but having your own will help. Tools recommended are a pencil, straight edge, triangle, and paint and paper of choice.

Battle Scribing 101  
THLady Dragoslava Ikonnikova, she/her  
2:45 PM Rm 120

Battle Scribing 101 is a class to teach scribes who are interested in doing on site scrolls the do's and don'ts on what to bring, design and prep.

Basic How-To for Making Parchment  
Gwenhwyvar ferch Tewdrig, she/her  
4:00 PM Rm 120

Ever been interested in making parchment but wasn't sure where to start? I'll cover my basic process and share some examples and answer any questions.

## **FIBER ARTS**

### Proper Measurements

Ladye Ealusaid aighearach inghean Mhaoil Choluim, she/her  
11:15 AM Rm 119

Come learn how to take proper measurements of yourself and your loved ones. Whether is it for your own sewing projects or you are custom ordering from a company. These measurements will be what you need. Taking proper measurements will save you time, headaches, hassles and items not fitting properly. I will show you how to take proper measurements; then as a class function; everyone will measure everyone else - so hopefully we have lots of people of different sizes to measure. My goal is to show you how no two people will take the same measurements until they understand the hows of doing so. Proper measurements are the cornerstone of proper garb fitment. Please bring something to write on, write with, and a vinyl/fabric measuring tape. I will have handouts on how to properly measure someone and extra measuring tapes that can be "borrowed". Bringing your own, you will learn how to use it and understand how to read it. Ages 16 & up. Bring paper, pencil, vinyl/fabric measuring tape

### An Introduction to Printed and Painted Textiles from Various Cultures

Lady Víga-Astriðr gylðir, she/her  
1:30 PM Rm 119

Let's go on an adventure! Come join us for a review of different printed and painted textiles from various cultures and ages. We will discuss methods, styles, uses for the final products, and materials for each example presented. 13 & up, or adult escort for younger children.

### Hip to Be Square: Basic Minoan Clothing Patterns

Baronôssa Ayse al-Rumiyya, she/they/them  
2:45 PM Rm 119

This class will explore Minoan clothing patterning from a loom width perspective for both women and men and include a how to guide on adapting modern fabric widths to Minoan garments. After this class participants will be able to pattern and construct basic Minoan garments.

### Embroidery - Shading with color

Baroness Lydia of the Pines, she/her  
10:00 AM Rm 106

In this class I'll be showing how to use 3 shades of color to add dimension to a small flower. Previous embroidery experience is helpful but not required. I have supplies for 10 people. Donations for materials accepted. 15 & up

Affixing Cabochons with Embroidery  
Baroness Lydia of the Pines, she/her  
11:15 Rm Rm 106

In this class I'll show how to attach a flat stone with no holes to fabric using metallic thread. I have supplies for 10 people. Donations for materials accepted. 15 & up

## **DOMESTIC ARTS**

Beginning Basket Weaving  
Lady Rowan, she/her  
10:00 AM Rm 119

Learn basic basket weaving skills and produce a pencil/utensil holder. Great way to try out this useful skill! Ages 10 & up. \$5 per project for materials

It Ain't Easy Being Cheesy, Making Cheese and the Animal Husbandry That Goes Into it  
Master Erich Geisler, MoD, he/him  
10:00 AM KITCHEN

Cheese has been a part of humanity as long as humans have been human. In this course we will discuss the animal husbandry behind the making of cheese and then we will make a traditional Greek/Roman chevre (goat cheese). Age – old enough to be responsible

A History of Lavender: Lavender Wreaths  
Lady Solana of al-Barran, she/her  
11:15 AM Rm 118

Come learn the history of lavender, from ancient Egypt to medieval Europe. Not only does lavender have an ancient history but it has had a surprising amount of uses throughout the days of old. After a small history lesson the class will then be taught how to make a lavender wreath.

Mullein Leaf Herbal Chest Rub (Make & Take)  
Mistress Karma Tinzin Khandro, OP, she/her  
1:30 PM Rm 118

Come learn about the history of mullein (one of my favorite herbs) while we make Mullein Leaf Chest Rub for the upcoming winter cold/flu season. We are using Mullein

and other essential oils for their anti-inflammatory, antibacterial, antiviral, decongestant and antioxidant qualities.

You will help make and take a 1 oz tin of Mullein Leaf Chest Rub. Under 14 with adult escort.

From Bee to Fleur-de-lys and Other Bee Frivolities (Honey Tasting)  
Mistress Karma Tinzin Khandro, OP, she/her  
2:45 PM Rm 118

Are you a historical Beek (bee geek) or are you interested in beekeeping? Join us as we briefly discuss some fun beekeeping history like the theory that the fleur-de-lys is adapted from a stylized bee! I'll have examples that I've made of a skep and 16th Century beekeeper suit.

If you have your own apiary (I know we have quite a few in Outlands), I'd love to have you there to share your knowledge. Bring some of your apiary honey to share at our honey tasting during the class. Under 12 with adult escort.

Fermentation from Food to Drink Techniques  
THL Callum of Skye  
4:00 PM Rm 118

From early period to late, fermentation of foods and drinks have been used for the preservation and enhancement of consumption foods and drinks. We will explore the many techniques used over time and how we can implement these into our SCA lives. Age 21+

## **MARTIAL**

Archery Form for Better Accuracy  
THL Callum of Skye  
10:00 AM Rm 113

Basic archery form to improve accuracy. We will explore the processes to consider in preparing for an archery shot. Deep dive into shot preparation, bow grip, alignment, anchor points, body alignment and release.

Introduction to SCA Target Archery  
Mistress Karma Tinzin Khandro, OP, she/her  
11:15 AM Rm 1113

Have you always wanted to try archery in the SCA? This is a beginning class that introduces you to Target Archery. You will learn what it takes to participate and what you need to know to begin shooting a bow/crossbow. Come join us to learn about the fun

we have in the SCA Target Archery community and become an Outlands Archer! Under 12 with an adult escort.

#### Spectating the Ranges

THL Leôfsige Ó Caoimh called Lyssa, she/her  
1:30 PM Rm 113

This class is for those who aren't archers or throwers. Learn about the ranges, the safety zones, and what to expect when you are at the ranges. Watch with confidence. Impress your friends with some knowledge from the ranges. Learn care and feeding of the participants as well as tips and tricks to make watching more interesting. Understand what is happening so far off the main tourney fields. Under 13 with adult escort.

Putting a Little English on it: Adding Harleian Longsword, as well as other English techniques to your fencing.

Fechtmeister Erich Geisler, MoD, he/him  
2:45 PM Rm 113

We will be going over basic techniques of: Harleian Longsword, Ladel Bastard sword, Silver/Saviolo single sword, and Swetnam rapier and Dagger that fighters can add to their sword fighting skill. Bring Fencing gear – longsword, rapier, and dagger.

#### Rapier Field Marshalling for Fighters and Non-Fighters

Doña Elora Von Effyn  
4:00 PM Rm 113

Ever wonder why there are extra people on the Rapier field without swords? Would you like to be part of the action without holding a sword? Would you like to have the best seat in the house without wearing a Crown or a Cornet?

Become a Rapier Field Marshal! In this class, we will cover the basics of Rapier Field Marshaling and prepare you to field test your skills at your local practice or an event.

The minimum age to be authorized as a Rapier Field Marshal is 14 years old. You will not be authorized as a Rapier Field Marshal in the class. Please be sure to coordinate with your local authorizing Rapier Marshal for Authorization.

## **HISTORY**

#### Sex and Gender in the German Renaissance

Master Cerridwen verch Ioreword, she/her  
4:00 PM Rm 119

Erotic tales? Laws on Gender? Women in the Army? Come learn about gender and sex in 16th century Germany. We will be talking about sex, prostitution, and other potentially uncomfortable topics.

### The Road To Geneva: The Medieval Laws of War

Arglwydd Emrys ap Gwalchmei, he/him

10:00 AM Rm 111

Everyone has heard of the Nuremberg Trials, and the Geneva Conventions, but did you know the groundwork for both of them was laid during our period? This introductory survey course will examine the legal basis for the law of arms and what happened when they were broken. Was Henry V a war criminal? You'll find out in this class!

### Chivalry in Period: From The Page to Practice

Arglwydd Emrys ap Gwalchmei, he/him

11:15 AM Rm 111

What was chivalry? Who practiced it? What social purpose did it serve? In this class we'll explore the answers to these questions as we confront the paradox of a value system that even at the height of its practice was credited to an age already passed beyond reach.

### Croeso i Gymru! - Welcome To (Medieval) Wales!

Arglwydd Emrys ap Gwalchmei, he/him

1:30 PM Rm 111

This introductory survey class examines Wales in the middle ages. A 'skimming the wavetops' style class, we will touch on Welsh history, society, economy and laws during the period.

### Brenin Arthur Pendragon: The Arthur of the Welsh

Arglwydd Emrys ap Gwalchmei, he/him

2:45 PM Rm 111

Before Chretien de Troyes, before Lancelot, before the Holy Grail...there was Brenin Arthur Pendragon. The once, future, and unarguably Welsh King of the Britons. This class will introduce students to the King Arthur of the Welsh, and discuss which portions of the Arthurian mythos as we know it today originated in Medieval Wales. Along the way, you'll hear some stories about Arthur you've (probably) never heard before.

### Llên Cymru 101: Welsh Literature 101

Arglwydd Emrys ap Gwalchmei, he/him

4:00 PM Rm 111

An introductory survey class examining the prose and poetry of Wales in period. After an overview of both these topics, we will spend the remainder of our time together with the oldest and most well known set of Welsh tales - the Mabinogi.

## **SCIENCES/HISTORY**

Playing with Ancient Ciphers  
THL Leòfsige Ó Caoimh called Lyssa, she/her  
4:00 PM Rm 102

Learn and play with several ancient Ciphers that helped the ancient Greeks, Spartans, Hebrews, Romans, and others convey secret messages. Bring pencil, paper, and erasers.

## **FUNCTIONAL**

German Wooden Ball Jointed Dolls  
Master Cerridwen verch Ioreword, she/her  
1:30 PM Rm 106

Discussion on extant 16th century German wooden ball jointed dolls, as well as a brief discussion on other contemporary dolls. Class will cover recommended wood, tools, and techniques for creating your own. \$5 for materials

A Brief History of Dolls (And Making Your Own Yarn Doll!)  
Lord Hardwin Godricson, he/them  
2:45 PM Rm 106

Learn a little about the history of dolls, and make your own yarn doll to take home! \$3 donation for materials. Children under 6 require an adult escort.

History of Pottery  
THLady Dragoslava Ikonnikova, she/her  
4:00 PM Rm 106

History of pottery will touch on the various uses of pottery throughout the world. At the end of the lecture, there will be an opportunity for those interest to make their own piece. Clay will be provided and pieces will be added to a period pit firing later in the year. \$5 donation for materials, class will be dirty, please bring an apron or cover.

Early Medieval Metal Objects of the Ashmolean Museum Archives  
Countess Matilda Seton, she/her  
2:45 PM Rm 102

See the results of my visit to the Study Room of the Ashmolean Museum, where they let me examine and measure several early medieval metal pieces. This will be a slideshow and discussion of my findings and suspicions. If there's time I'll show other notable pieces from my travels.

## **GLASS TENT/FUNCTIONAL ARTS**

Beginning Lampwork Beads  
Baroness Hannah de Avila, she/her  
10:00 AM Glass Tent

Begin your exploration of glass beads with lampworking! We use safe modern torches and glass to learn the techniques of period glass bead making. Beginners welcome in ANY glass class if there is an open seat. 16-18 with instructor/parent permission, 13-16 with adult assistance. Please wear closed toe shoes. Hair and long sleeves pulled back. \$5 fee for gas and materials

Beads: Dots and Stripes  
Lord Eric Litefoote of Studley, he/him  
11:15 AM Glass Tent

Learn to add dots and stripes to your beads. Beginners welcome in ANY glass class if there is an open seat. 16-18 with instructor/parent permission, 13-16 with adult assistance. Please wear closed toe shoes. Hair and long sleeves pulled back. \$5 fee for gas and materials

Hollow Beads  
Mistress Keridwen Andersdottir, she/her/yay!  
1:30 PM Glass Tent

Flame-on my friendos! Do you want spark & snark coming directly at you from a slightly feral Laurel? Would you like to potentially have your glass explode? Look no further - Auntie-dwen is here on-loan from the banner-painting area to teach you how to make a hollow bead! 16-18 with instructor/parent permission, 13-16 with adult assistance. Please wear closed toe shoes. Hair and long sleeves pulled back. \$5 fee for gas and materials

Hard glass Pendants  
Gaffer Steven Stormbow, he/him  
2:45 PM Glass Tent

Come try your hand at making a hard glass pendant. 16-18 with instructor/parent permission, 13-16 with adult assistance. Please wear closed toe shoes. Hair and long sleeves pulled back. \$5 fee for gas and materials.



Hard glass Pendants - continued  
Gaffer Steven Stormbow, he/him  
4:00 Glass Tent

Previous class continued. See above.

## **BARDIC**

Performance Techniques  
Duchess Cecilia Mowebray, she/her  
10:00 AM Rm 102

Whether you sing, tell stories, play an instrument, or simply speak in court, there are many ways to make your performance more interesting and engaging. We will discuss a selection of tips and tricks to add interest and emotion to a performance, from dynamics to staging. The actual content of the discussion will depend on interest, so bring your questions and ideas.

Performance Demo and Salon  
Duchess Cecilia Mowebray, she/her  
11:15 AM Rm 102

No one likes criticism, even seasoned performers! Join us for an open critique session with Duchess Cecilia and Countess Kitta. We'll even go first! The critiques will point out techniques discussed in the "Performance Techniques" and will also highlight the ways that pieces can be chosen or adapted for different needs (feast entertainment, fireside bardics, competitions). If there's time and interest, we can also help workshop pieces for those in attendance.

## **SCA ADMINISTRATION & EVENT MANAGEMENT**

Feast Primer - A Game of 20 Questions  
Master Aethelwulf munec  
1:30 PM Rm 102

A primer on Feast Preparation... all the things before the kitchen. Strategies and questions for the aspiring feast steward

**BANNER PAINTING**  
Hands-on Linen Banner Painting  
Mistress Keridwen Andersdottir, she/her/yay!  
10 A – 5 P Banner area

Back by popular demand - a hands-on painting experience for creating a Outlands-made linen banner for the Page School. We didn't complete all 4 banners at Battlemoor, Here's your chance to put your hand into creating something for our up & coming future of our Society. Potentially messy, some aprons provided. Age – able to hold a brush and take gentle direction.

## **BLACKSMITHING**

Blacksmithing and Forging  
THL Angus Montgomery the Forrester  
10 AM – 5 PM Blacksmithing Tent

Will be teaching people how to make several items some of which include medieval arrowheads, hooks and other small forged items. No open-toed shoes, will be working with hot metal. If people want to bring gloves and eye protection great, if not we will provide. \$5 donation for materials.